



# BACKCOUNTRY SURVIVAL

## JOINING INSTRUCTIONS CONFIRMATION

**Timings** - Start at 0930

Finish at 1600 (Weather dependent)

**Instructors** - Andy Lewis

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### Check List to go with Kit List:

- Please bring your completed Disclosure of Risk form.
- Where possible make sure you have everything on our kit list. If there are certain items you are not sure about or are more specialist then please contact us as we can lend/hire out certain items.
- Bring enough food for the duration of the course.
- If you have any personal survival equipment e.g. knife, saw, tarp etc. you are welcome to bring it along. All other equipment, First Aid and safety equipment will be provided by your instructor.
- Accommodation -If you plan to camp in the woodland, overnight during your course, then you will need to bring all of your associated camping equipment yourself. Such as; tent/shelter/tarp/hammock etc, sleeping gear, cooking kit, eating kit & utensils, food, wash-kit, toiletries, towel, spare clothing etc. If you do wish to camp then please let us know via email beforehand. Drinking water is provided onsite for you to use. Please be advised that this is a private woodland-camping location but there are no toilets and showering/washing facilities, it is a wild-camping site and all waste MUST be removed from the site. Or you can stay at Dalraddy Caravan Site or at Aviemore.



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**Location** - Alvie Estate, Kincaig, Kingussie, PH21 1NE

**Meeting Point** - BCS Bothy, Alvie Estate

For Satnav's the post code for Alvie Estate is PH21 1NE.

What 3 Words: articulated.eagles.revolting

## **DIRECTIONS TO ALVIE ESTATE**

**From the South** - Turn off the A9 Perth to Inverness trunk road north of Kingussie and continue north on the B9152 for about 7 miles towards Aviemore. After going through Kincaig you will see a signpost on the right for 'Alvie' & 'Alvie Stables', turn left here, go through the tunnel under the main A9 road and onto the Estate.

**From the North** - Turn off the A9 Inverness to Perth trunk road south of Aviemore at the junction signposted to Kincaig. Continue south onto the B9152 towards Kincaig. You will pass Loch Alvie on your right, followed by Dalraddy Holiday Park about a mile further on your left hand side. Continue along the straight road passing Alvie Quarry (GF Job). You will see an orange mirror on a tree on the left and 'Gate Lodge' on your right; continue on for a further few hundred yards, you will see a signpost on the left for 'Alvie' & 'Alvie Stables', turn right here, go through the tunnel under the main A9 road and onto the Estate. There are then sign posts within the estate that include a sign for Backcountry Survival.

## **PUBLIC TRANSPORT**

Nearest Train Station – Aviemore

Nearest Airport – Inverness